

Budget: \$45.00

Days	Breakfast	Lunch	Dinner
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			

Were you over or under your budget? _____

How much were you over or under? _____

What item/items would you put back?

Is your menu realistic? _____

Is it better to buy in bulk (large amounts) or to buy individually?

Why is it important to compare prices of items at the store?

Do coupons help you save money? _____

Real World Applications

You have 6.00 to buy food to last you one day. Based on what you have learned, what would you buy?

Is it important to eat only what you need and to store the rest for later?
Why or why not?
